

POST GRADUATE DIPLOMA IN ACUPUNCTURE

Term-End Examination

June, 2015

**PGDACP-03: TREATMENT OF COMMON DISEASES/
EAR & SCALP ACUPUNCTURE**

Time : 2 hours

Maximum Marks : 70

Note :

- (i) *There will be multiple choice type of questions in this examination, which are to be answered in **OMR Answer Sheets**.*
- (ii) *All questions are **compulsory**.*
- (iii) *Each question has four options and only one of them is correct. Answers have to be marked in figures in the appropriate rectangular boxes corresponding to what is the correct answer and then blacken the circle for the same number in that column by using HB or lead pencil. **DO NOT USE INK OR BALL PEN in OMR Answer Sheets.***
- (iv) *If any candidate marks more than one option it will be taken as the wrong answer and no marks will be awarded for this.*
- (v) *Erase completely any error or unintended marks.*
- (vi) *There will be 70 questions in this paper and each question carries one mark.*
- (vii) *There will be no negative marking for wrong answers.*
- (viii) *No candidate shall leave the examination hall at least for one hour after the commencement of the examination.*

- 1. The reducing method is used**
 - (1) To dispel the pathogenic factors
 - (2) To remove stagnation
 - (3) Both of the above
 - (4) None of the above

- 2. The warming method is used**
 - (1) To warm the meridians
 - (2) To remove obstructions in meridian
 - (3) To warm the middlejiao to dispel cold and restore Yang from collapse
 - (4) All of the above

- 3. Methods of point selection are**
 - (1) Selecting points from the affected meridian, points from the related meridian and points from the several meridians
 - (2) Selecting points from the affected meridian and points from the related meridian
 - (3) Selecting points from the related meridian and points from the several meridian
 - (4) None of the above

- 4. The five Shu points are located**
 - (1) Below the elbow and knee joints
 - (2) At the elbow and knee joints
 - (3) On the meridian which passes on the front side of elbow and knee joints
 - (4) On the meridian which passes on the back side of elbow and knee joints

- 5. In Yang meridians, the jing-well point represents**
 - (1) Fire element
 - (2) Wood element
 - (3) Metal element
 - (4) Water element

- 6. In Yin meridians, the Shu-Stream point represents**
- (1) Fire element
 - (2) Wood element
 - (3) Earth element
 - (4) Water element
- 7. The Lower He-sea points for Small intestine is**
- (1) ST 36
 - (2) ST 37
 - (3) ST 39
 - (4) ST 40
- 8. The Luo (Connecting) point of DU meridian is**
- (1) DU 1
 - (2) DU 2
 - (3) DU 3
 - (4) DU 4
- 9. P 6 Confluent Point connects which Eight Extra Meridians ?**
- (1) Chong
 - (2) Du
 - (3) Dai
 - (4) Yinwei
- 10. Which of the following points is the best selection for treating Asthma of the wind-cold type ?**
- (1) Fengmen (UB.12)
 - (2) Shenshu (UB.23)
 - (3) Qihai (Ren.6)
 - (4) Shanzhong (Ren.17)

- 11. How many numbers of Mu-Front points are present on Ren meridian ?**
- (1) 3
 - (2) 5
 - (3) 4
 - (4) 6
- 12. One specific point for Insomnia is**
- (1) Sedate UB 62
 - (2) Sedate Du 20
 - (3) Sedate K 6
 - (4) Sedate K 1
- 13. Following are the types of wind stroke :**
- (1) Attack on the Zang-Fu organs
 - (2) Attack on the meridians and collaterals
 - (3) All of the above
 - (4) None of the above
- 14. According to TCM, Poliomyelitis belongs to the category of**
- (1) Wind stroke syndrome
 - (2) Summer fever syndrome
 - (3) Wind heat syndrome
 - (4) Summer heat syndrome
- 15. Patient has dizziness, headache, and distressed sensation in the chest before seizures, falling down suddenly, loss of consciousness, convulsion, spitting foam, and clenched teeth during the seizure. Tongue : White and sticky coating. Pulse : Wiry and smooth. What is your diagnosis according to TCM ? (A case of epilepsy)**
- (1) Liver-Wind with Accumulation of Phlegm
 - (2) Blockage of Orifice by Phlegm-Fire
 - (3) Deficiency of Liver and Kidney Yin
 - (4) Deficiency of Spleen and Kidney Qi

- 16.** In treating a cough caused by the lung being attacked by liver fire, which of the following prescriptions is the best selection ?
- (1) Ganshu (B.18), Yuji (L.10), Xingjian (Liv.2), Fengchi (G.20)
 - (2) Feishu (B.13), Chize (L.5), Taichong (Liv.3), Ganshu (B.18)
 - (3) Zhongfu (L.1), Feishu (B.13), Taiyuan (L.9), Zhaohai (K.6)
 - (4) Lieque (L.7), Hegu (LI.4), Qimen (Liv.14), Ganshu (B.18)
- 17.** According to TCM, Myopia is caused by
- (1) Liver and Kidney Qi Deficiency
 - (2) Kidney and Bladder Qi Deficiency
 - (3) Liver and Bladder Qi Deficiency
 - (4) All of the above
- 18.** Following points are used for tinnitus due to hyperactivity or fire in the liver and gall bladder :
- (1) GB 2, SJ 17
 - (2) SJ 3, LIV 2
 - (3) All of the above
 - (4) None of the above
- 19.** In Yin meridian, the jing-well point represents
- (1) Fire element
 - (2) Wood element
 - (3) Metal element
 - (4) Water element
- 20.** According to TCM, the causes of abdominal pain is/are
- (1) Accumulation of cold
 - (2) Retention of food
 - (3) Stagnation of liver Qi
 - (4) All of the above

- 21.** Following acupuncture points are used in abdominal pain due to deficiency of Yang in the Zang-Fu organs :
- (1) RN 12, LIV 3, PC 6 and GB 34
 - (2) BL 20, LIV 13, BL 23 and RN 4
 - (3) ST 25, RN 12, ST 36 and ST 44
 - (4) RN 12, ST 36, SP 4 and RN 8
- 22.** Following is *not* a cause of vomiting :
- (1) Retention of phlegm and fluid
 - (2) Attack of the stomach by liver Qi
 - (3) Impairment of the stomach by improper diet
 - (4) Heat in stomach
- 23.** Vomiting, Distension, Belching, Insomnia, Red outer edges of tongue and taut pulse are manifestations of
- (1) Attack of the stomach by liver Qi
 - (2) Retention of food
 - (3) Liver fire
 - (4) Gall bladder deficiency
- 24.** To treat the patients in spring and summer the insertion of needles should be
- (1) Shallow
 - (2) Deep
 - (3) Horizontal
 - (4) Perpendicular
- 25.** Acute diarrhoea is due to
- (1) Damp heat and cold type
 - (2) Weak spleen type
 - (3) Deficient kidney Yang type
 - (4) All of the above

- 26.** Best combination of acupuncture points for the treatment of constipation are
- (1) BL 25, ST 25 and SJ 6
 - (2) BL 25, ST 36 and SP 6
 - (3) BL 25, ST 25 and ST 36
 - (4) ST 25, Liv 8 and SJ 6
- 27.** The Xi-Cleft point of the stomach channel is
- (1) Fenglong (ST.40)
 - (2) Jiexi (ST.41)
 - (3) Liangqiu (ST.34)
 - (4) Chongyang (ST.42)
- 28.** The limited movement of the spine, heaviness and soreness at the lumbosacral region (which intensifies on cold and rainy days), heaviness and oedema at the lower limbs, pale tongue with white and smooth coating, and taut and slow pulse. These symptoms often happen in case of
- (1) Lumbago due to muscle strain
 - (2) Lumbago due to kidney-deficiency
 - (3) Lumbago due to cold-dampness
 - (4) Lumbago due to hot-dampness
- 29.** The influential point of Zang organs is
- (1) Zhongwan (Ren 12)
 - (2) Zhangmen (Liv 13)
 - (3) Dabao (Sp.21)
 - (4) Ximen (P.6)
- 30.** All the following points are commonly used to treat a stiff neck *except*
- (1) Tianzhu (B.10)
 - (2) Xuanzhong (G.39)
 - (3) Houxi (SI.3)
 - (4) Yifeng (SJ.17)

31. Leukorrhoea due to dampness and toxins during menstrual period and puerperium damages
- (1) Du and Ren meridians
 - (2) Ren and Dai meridians
 - (3) Ren and Kidney meridians
 - (4) Bladder and Kidney meridians
32. Taichong (Liv.3) can be selected as a supplementary point to treat vomiting due to
- (1) Retention of food
 - (2) Deficiency of spleen and stomach Qi
 - (3) Attack of the stomach by liver Qi
 - (4) Accumulation of cold at the stomach
33. Which of the following is the best prescription for treating a patient who complains of chills, fever, headache, soreness and pain in the limbs, nasal obstruction, running nose, cough, no sweating, profuse thin sputum, thin white tongue coating, and a superficial and tense pulse ?
- (1) Du.14, LI.11, LI.4, L.11
 - (2) Du.14, LI.11, LI.4, SJ.5
 - (3) L.7, G.20, B.12, LI.4
 - (4) G.20, SJ.5, S.40, LI.20
34. Deficiency syndrome of Asthma is of the following types *except*
- (1) Spleen Qi deficiency
 - (2) Kidney Qi deficiency
 - (3) Lung Qi deficiency
 - (4) Lung Qi stagnation
35. The Front-Mu points are those located at
- (1) The cross of the two exterior-interior related meridians
 - (2) The chest and abdomen where the Qi of the Zang-Fu organs is infused
 - (3) The sites where Qi and blood in the meridians is converged and accumulated
 - (4) The vicinity of the wrist and ankle

- 36. Hyperactivity of Yang due to Yin deficiency should be treated by**
- (1) Reinforcing Yang to control Yin
 - (2) Reinforcing Yin and Yang
 - (3) Strengthening Yin to control Yang
 - (4) Strengthening Yang to control Yin
- 37. According to the principle of reinforcing the “mother” point for a deficient syndrome, which of the following points is the best selection for treating a deficient syndrome of the liver ?**
- (1) Sanyinjiao (Sp.6)
 - (2) Taixi (Ki.3)
 - (3) Yingu (Ki.10)
 - (4) Dadu (Sp.2)
- 38. The Back Shu points of middle warmer organs are located**
- (1) Below T3 vertebra
 - (2) Below T8 vertebra
 - (3) Below L1 vertebra
 - (4) Below L3 vertebra
- 39. Which of the following points is influential point for blood ?**
- (1) BL 13
 - (2) BL 15
 - (3) BL 17
 - (4) BL 19
- 40. BL 40 is the best point to treat**
- (1) Itching
 - (2) Bleeding disorder
 - (3) Headache
 - (4) Stomach-ache

- 41.** Which of the following auricular acu-points is used to treat Allergy ?
- (1) Blood pressure reducing groove
 - (2) Hypertension point
 - (3) Ear apex
 - (4) Shenmen point
- 42.** Zhongwan (Ren 12) combined with Zusanli (St 36) and Tianshu (St 25) combined with Shangjuxu (St 37) are both combinations of
- (1) Back-Shu point and Front-Mu point
 - (2) Front-Mu point and lower He-sea point
 - (3) Yuan-Primary point and Luo-Connecting point
 - (4) Mother point and Son point
- 43.** Which of the following prescriptions is the best for treating abdominal pain caused by the retention of food ?
- (1) Ren.12, Ren.8, St.36, SP.4
 - (2) Ren.12, UB.20, UB.21, St.36
 - (3) Ren.12, Ren.6, Liv.13, St.36
 - (4) Ren.12, St.25, St.36, St.44
- 44.** How many reference lines are taken for scalp acupuncture ?
- (1) 10
 - (2) 4
 - (3) 6
 - (4) 2
- 45.** In scalp acupuncture, the Antero-Posterior Midline is between
- (1) Nasion to the lower edge of the external occipital protuberance
 - (2) Mid-point of eyebrow to mastoid
 - (3) Nasion to post hair-line
 - (4) From ant. hair line to post hair-line

46. According to the principle of reducing the “son” point for an excess syndrome, which of the following points is the best selection for treating an excess syndrome of the heart ?
- (1) Shaochong (H.9)
 - (2) Shaofu (H.8)
 - (3) Shenmen (H.7)
 - (4) Lingdao (H.4)
47. According to TCM, Eczema is of
- (1) Wind-heat and wind-cold types
 - (2) Damp-heat and blood deficiency types
 - (3) Dry and wet types
 - (4) Damp-cold and damp-heat types
48. Following are types of Urticaria *except*
- (1) Wind-cold
 - (2) Wind-heat
 - (3) Wind-damp
 - (4) Spleen and stomach deficiency
49. Babu complained of distending pain in the costal, epigastric regions and hypochondrium, belching, acid regurgitation, an empty and uncomfortable sensation in the stomach, mental depression, a thin tongue coating and a string-taut pulse which indicate
- (1) Deficiency of spleen and kidney Yang
 - (2) Disharmony between the liver and the stomach
 - (3) Invasion of the lung by the liver
 - (4) Damp-heat in the middle jiao
50. The best prescription for treatment of dizziness caused by the internal retention of phlegm-damp is
- (1) B.20, B.23, Ren.4, ST.36
 - (2) Du.14, Du.20, Sp.6, ST.36
 - (3) B.20, ST.40, ST.8, Ren.12
 - (4) G.20, B.13, L.7, Du.20

- 51.** In TCM, Rheumatoid arthritis is called
- (1) Wondering Bi-Syndrome
 - (2) Fix Bi-Syndrome
 - (3) Bony Bi-Syndrome
 - (4) Bi-Syndrome
- 52.** In scalp acupuncture, horizontal line 4 cm long, its mid-point 1.5 cm above the apex of the ear is
- (1) Balancing Area
 - (2) Auditory Area
 - (3) Speech Area
 - (4) Speech Area II
- 53.** In ear acupuncture, Diaphragm is represented on
- (1) Scapha
 - (2) Triangular fossa
 - (3) Helix crus
 - (4) Anti-helix
- 54.** Area on both sides of intertragic notch represents
- (1) Eye 1
 - (2) Eye 2
 - (3) Eye 1 and 2
 - (4) None of the above
- 55.** Foot motor sensory area is indicated in
- (1) Eneuresis
 - (2) Facial paralysis
 - (3) Blindness
 - (4) Ataxia

56. Following point is used to treat Hemorrhoids :

- (1) BL 40
- (2) BL 57
- (3) BL 60
- (4) BL 25

57. In treating a cough caused by damp-phlegm, which of the following points should be punctured in addition to Feishu (B.13) ?

- (1) L.7 and LI.4
- (2) Du.14 and L.11
- (3) St.40 and L.5
- (4) L.5 and Liv.3

58. Following is the specific point for Periarthritis shoulder joint :

- (1) LI 15
- (2) SJ 14
- (3) GB 21
- (4) ST 38

59. The auricular point used for Glaucoma is

- (1) Liver
- (2) Eye 1 and 2
- (3) Ear apex
- (4) Eye

60. The auricular point used as anaesthetic point for tooth extraction along with LI 4 and LI 11

- (1) Toothache 1 and 2
- (2) Toothache 1 only
- (3) Toothache 2 only
- (4) Toothache 1 and Shenmem

- 61.** In scalp acupuncture, facial area is situated
- (1) Lower 2/5 of motor area
 - (2) Lower 2/5 of sensory area
 - (3) Both of the above
 - (4) None of the above
- 62.** In scalp acupuncture, gastric area is situated
- (1) Vertically above the pupil
 - (2) Vertically above the pupil on the anterior hair-line parallel to antero-posterior midline
 - (3) Above the eyebrow
 - (4) On forehead
- 63.** Patient complaining of cough which is more severe in morning with thick expectoration since one month, chest pain, poor appetite and lassitude. On examination, pulse is smooth, tongue is swollen with white and sticky coating. What is your diagnosis from this finding?
- (1) Wind-cold syndrome
 - (2) Wind-heat syndrome
 - (3) Phlegm-damp syndrome
 - (4) Heat-damp syndrome
- 64.** Which acupuncture point is used in emergency for malignant hypertension?
- (1) Liv 1
 - (2) Sp 6
 - (3) H 7
 - (4) Liv 3
- 65.** According to TCM, Myopia is caused by
- (1) Liver and Urinary bladder Qi Deficiency
 - (2) Liver and Kidney Qi Deficiency
 - (3) Liver and Gall bladder Qi Deficiency
 - (4) Liver and Spleen Qi Deficiency

- 66.** According to TCM, Depression is caused by
- (1) Stagnation of liver Qi
 - (2) Stagnation of blood
 - (3) Heat in blood
 - (4) All of the above
- 67.** Following is the best prescription for epigastric pain due to deficiency-cold of the spleen and stomach :
- (1) BL 20, BL 21, RN 12 and ST 36
 - (2) BL 18, BL 21, RN 10 and ST 36
 - (3) BL 20, BL 21, RN 10 and ST 25
 - (4) BL 18, BL 21, RN 12 and ST 24
- 68.** Pain in abdomen due to accumulation of cold is caused by
- (1) Overeating raw and cold food
 - (2) Exposure to the exogenous cold
 - (3) Both of the above
 - (4) None of the above
- 69.** Using a three-edged needle is indicated in which of the following cases ?
- (1) Lumbago due to stagnation of blood
 - (2) High fever with sweating
 - (3) Lumbago pain due to cold exposure
 - (4) All of the above
- 70.** Auricular point situated in the centre of Lobule is
- (1) Teeth
 - (2) Jaw
 - (3) Cheek
 - (4) Eye